

VOICE OF THE RESIDENTS

VOL. XXV, No. 9

BROADMEAD, COCKEYSVILLE, MD.

May 2004

CHRIS, EDDIE, AND BEDROCK

Story and Photo by Colin MacLachlan

So when was the last time you looked around Broadmead, really looked around? And what did you see: flowering fruit trees, daffodils, crocuses, grass and dirt and wooden villas and amigos? Well, you missed it. Underneath all that, covered neatly for the most part, is bedrock, - Cockeysville Marble - and according to Chris Slaughter it has been around a long time-500,000,000 years or so.

To Chris, a geologist for 28 years with the State of Maryland, a half billion years is not such a long time, particularly if you take into consideration that the earth dates back 4.5 billion years. Cockeysville Marble, referred to in the textbook as "a major carbonate unit in the central Maryland Piedmont," underpins all of Broadmead. At certain points it surfaces, as in Lehman Guyton's back yard and again up on the nature walk. (One rock there has garnets in it as big as your pinkie.)

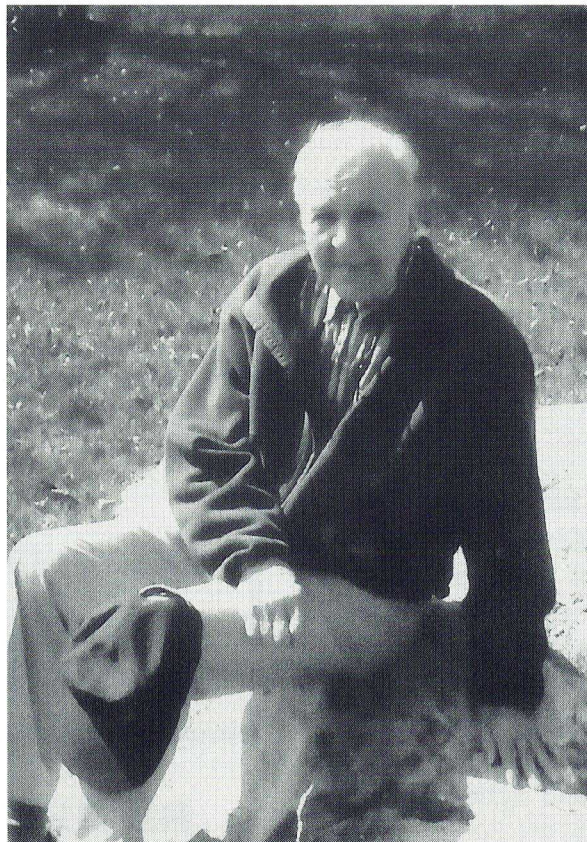
Near where Beaver Dam Road intersects with Products Lane, Lafarge North America Inc. operates the Texas Quarry, one of the most historic and oldest quarries in the US. For 10 years Chris led parties of Broadmeaders there on periodic field trips. You can still go to the place where in 1848 a contract was signed for the stone, Cockeysville Marble, to be used in the Washington Monument in Washington, D.C. The marble has a wide range of uses. In the center of the Cockeysville formation is a layer of pure white crystalline calcite. Among other things it is used to as an ingredient in Tums.

The source of all this information is a couple who have lived quietly at Broadmead for 13 years. Eddie (she's a lady) and Turbit Henry Christian Charles Slaughter. When Eddie first met her husband to be in 1935 (he confesses that it was love at first sight) she decided that something had to be done for a guy then known as "Turby". Taking matters in her own hands she said, "Why don't we call you Chris?" In 1940 Chris and Eddie were

married. After World War II, during which Chris served as a first lieutenant in the Army, he went back to college under the GI Bill and earned a master's degree in geology from Johns Hopkins University...He had the honor of having his master's thesis, "Shore Erosion in Tidewater Maryland," published. In this instance and ever after Eddie served as his draftsman. "She was good." Chris said. "And she drew without instruments. Oh. She was very good."

In 1949 their son, Stephen, was born. Today Stephen and his wife, Susan, live in Middletown, Maryland where Stephen teaches school. In 1978 after a distinguished career

with the Maryland Geological Survey, which he had joined in 1949, Chris retired. Today he is a frequent craftsman in the Broadmead woodworking shop, a regular walker, a continuing authority on rocks and chief narrator of the events that highlighted his life, like the time he sited a well for retired President Eisenhower and spent a half hour with his former Army boss discussing - you guessed it - rocks. P.S. The well worked.



VOICE OF THE RESIDENTS

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What Do You Know About BRAF?

By Fran Peterson

The BRAF Council feels that Residents, especially new residents, may know little about the BRAF Fund.

BRAF is an acronym for Broadmead Residents' Assistance Fund. Residents established this fund in 1981 with approval of the Board of Trustees. The purpose, to assure financial security for Residents, in spite of the vagaries of the stock market or general economic fluctuations which could cause a drop in income. Expenses beside monthly fees can include, for example: electric vehicles, hearing aids, dental treatment and sight aids.

Residents may be assured that confidentiality is of prime concern. Only Rich Compton and Pat Graham are privy to a request. Either of them may be contacted for an Application for Assistance form. On the BRAF Council are two Trustees and three Residents. One of the Residents, Ruth Brock, serves as Chair. The Council urges that you have no hesitancy in talking with Rich Compton or Pat Graham about any concerns or questions you may have.

NEWLY ARRIVED RESIDENT

Robert Dye

E-13

410-785-6660

MOVING AROUND BROADMEAD

	FROM	TO
Vera Carnes	D-9	TH-369
Priscilla Howard	HH-248	HH-201
Bill & Sarah Duff	J-6	A-14

Tuesday, May 4th at 10:30
In the Auditorium

"INNOVATIONS IN CANCER THERAPY"

Dr. Gary Cohen
GBMC Chief of Oncology

All are Welcome

In Memoriam

Ann P. Toon

June 25, 1918

March 19, 2004

Margaret W. Hartley

January 18, 1922

April 8, 2004

RECIPES & MEMORIES

Michael Dabney, Jean Dabney's son, is compiling favorite recipes of Broadmead residents and staff, and is seeking contributors. His plan is to illuminate each recipe and its contributor with family lore, personal wisdom and any other information that made the food special or memorable for the resident or for family members. Contact him to contribute a recipe, suggest a source, or discuss the project: 410-785-3119 (please leave a message) or e-mail mdabney@hpu.edu

JOHN MICHENER, TRUSTEE

By Dick Hutzler

*One of a series of articles
profiling the Trustees of Broadmead*

With a man like John Michener, it's a little difficult to know just where to start, so it seems simplest to start by saying that he was born in 1925 and raised in Wichita, Kansas, that he has been married to his wife, Ann, since 1945, and that he earned a total of four degrees - all since his marriage. His degrees consist of a B.A. and an M.A. from the University of Kansas, a Ph.D. from the University of California (Berkeley), all in Political Science, and a law degree from the University of Maryland, where he was admitted to the bar in 1962. He has four children - all professionals - and seven grandchildren. Much of his career in that great big world outside of Broadmead was devoted to evaluating administration of Medicare, heading internal management of the Office of Management and Administration, and overseeing special projects for the Social Security Administration.

So much for the bare facts. What makes it difficult to choose a starting point is that we're dealing here with a man of incredibly broad interests, varied activities and wide-ranging travels. As to the travels, he says that you can stick a pin anywhere on a map of the western hemisphere north of Panama and never find a point more than seventy-five miles from where he has been (with the exception of northern Quebec and eastern Honduras). And that's far from all; he's been to many parts of Africa, across Siberia by plane and train, to Antarctica as well as the Arctic, and ... the list seems endless. Virtually all of this

travel has been with Ann and much of it with the children. It seems they had little or no compunction about taking the kids out of school for weeks at a time and hitting the road in their trusty Checker, toting camping gear or pulling a trailer behind, and, to add to the spice of it, they would be totally casual about the planning, making up the itinerary as they went along.

As to his interests, he lists, in addition to travel, constitutional law, English, mathematics, science, engineering, and natural history. One interest absent from his list is anything to do with television; he says he doesn't have time to watch it. Another absence from the list as he provided it, oddly, is "social justice" or anything suggesting it -

"oddly" because, unlike TV, social progress is obviously one of his major concerns in life, and he proudly recalls that he and Ann were ejected by the U. of Kansas football team from an early (1948) CORE sit-in. He's been very active with the American Friends Service Committee, serving for a time as Vice Chair of its national board. Additionally, he has worked in the national integrated neighborhood movement, living out his beliefs in that regard by setting up residence in Windsor

Hills, a famously integrated section of West Baltimore, for a period of some 34 years.

A resident of Broadmead since 2001, he, along with Sam Legg, is one of only two people who are currently wearing both resident and trustee hats. As such he serves on many a committee including: Rate Structure, Inclusiveness, Trustee Policies, Statement of Understanding, and Finance, among others. This is clearly a man to whom the well-being of Broadmead is a serious matter.



FREQUENTLY ASKED QUESTIONS ABOUT VISITING HALLOWELL HALL

By Mike Dabney

Observation tells me that many visitors (and lots of potential visitors) avoid Hollowell and are uncomfortable visiting. I have written this to address (and lessen) that discomfort and to improve the quality and number of visits. Eight weeks at Broadmead does not qualify me as an expert on the role of visitors in patient care; however, I have excellent sources: the nursing staff, residents of Hollowell, and friends who are care-giving professionals.

It's depressing to visit. People are wandering; it makes me sad. The practice of patient care at Broadmead is not to segregate residents with dementia. On Hollowell Hall, the second floor, there is intentional mixing of patients who are briefly there (after a hospitalization or a fall), who are in transition to permanent Assisted Living, and who are permanently there because of dementia. Some wander, but there are ways to stop them from going to unsafe places. Some dementia patients interact; others are unresponsive. When I began to spend significant time in Hollowell, I was also uncomfortable. Then I thought: How would I want to be treated if I were a patient there? I wouldn't want to be shunned. My counsel about your own sadness and depression: get a grip and remember the Golden Rule. *When you visit you are filling a tremendous need for your love and concern.* Perfection isn't expected. If visiting makes you anxious, you'll become less so when you visit more often.

I'm not sure I'm really welcome. Trust me, you will usually be welcome. If you feel concerned, ask the person you are visiting, or ask one of the nurse aides or nurses. Some tips for behavior to *avoid* are listed below.

Once I get IN, I don't know how to get OUT. Safety devices are on the east doors (near Stony Run). These prevent wanderers from wandering. You press the code 3261* to open the door. If you forget it . . . ask anyone who doesn't have de-

mentia. There is an elevator and a stairway to the mail/reception area near the East Nurses' Station. Familiarity brings relaxation.

I'm afraid I'll waken someone who needs to sleep. Many patients on Hollowell sleep a lot. One resident explains: "I do sleep a lot. I'm *delighted* when someone wakes me up! Please wake me up." Maybe it's not common sense to wake a patient in the middle of the night; otherwise, don't worry.

What if I interrupt a medical or nursing procedure? If a procedure requires privacy, you could be asked to wait outside. That's really the worst thing that could happen.

How should I enter a room? Knock, wait for a response, then call and walk in. If you get no response, peek in. If it's daytime, walk in and say "Hi, Jean. . . it's Gayle!" If you are concerned you might cause a disturbance, ask one of the nurses or aides nearby.

What if the person I want to visit is not in the room? Keep the cookies and run. Seriously: they could be at an appointment elsewhere, in the Beauty Parlor, or in the Hollowell dining room. Come back later. Leave a message if you like. Leave a rose on the pillow. Ask at the nursing station.

The person I'm visiting isn't always clear in conversation. Some residents (and some others, last I checked) talk nonsense. Dementia may bring fantasy of being able to do things clearly impossible, or hallucinations. Someone who can't walk might ask you to lower the bed rail so that she or he can get out *of* bed. . . and go get a job! It's not usually helpful to challenge *or* correct with logic. Instead, just listen. . . and *flow in the river your friend has created.* "We can talk about that tomorrow," or "that's an interesting idea," or just "Tell me about the pictures you see on the wall" opens the door to conversation that will enrich you and the person you're visiting.

When I'm visiting, what can I do to be helpful? You can ask what is needed, or consider what you would want, or ask one of the nurses or

aides. *What would you value if the situation were reversed?*

The list below offers some ideas, but will need to be adjusted according to your friend's need (as well as to your ability, time and level of comfort):

- Arrange a bib or towel at a mealtime.
- Provide a damp paper towel or washcloth within reach if food is being spilled.
- Move water, facial tissue, or a telephone into reach.
- Refresh ice (from ice room opposite 255) and water (from the tap) if the patient is allowed these things.
- Offer to do personal grooming if appropriate brush hair, apply makeup, use a lip balm, wash the face.
- Read a book or magazine out loud.
- Have a conversation: Tell me about your day. Tell me a story. I'll tell you about. . .
- Bring a friend with you.
- Bring a plant or flower; arrange or groom flowers in the room, or water and turn plants.
- Dine with your friend in the Hallowell dining room, if they are mobile and able to eat there. This varies: patients who must be fed eat in a separate area, and not all mobile patients eat every meal there. A visiting Broadmead resident (or other visitor) can eat with a patient in the second-floor or first level dining areas.
- Take a book if the person is reading.
- Volunteer, where appropriate, to get something from the patient's apartment.
- Bring a special *food* if this is allowed.
- Watch television with your friend.
- Play cards or another game.
- Arrange (in advance) use of the TV monitor and VCR (see the nurses) and borrow a video from the Lower Level Video Library.
- If allowed, take in a batch of microwave popcorn.
- If your friend is reading, bring a clipping, newspaper, or magazine.
- Make a beauty shop appointment.
- Offer to write a thank-you note or note- card to a friend or relative, and/or bring the card and a pre-stamped envelope.
- Do an errand. - Collect mail.
- Bring in a calling card or a cell phone, and

help your friend make a long distance call. Reach an outside line from a Hallowell room by dialing *9.

- Bring in preferred music to play.

Perhaps most important of all, just listen. People are *not* usually anxious for you to solve their problems or resolve their frustrations, which are understandably many. *They do need those feelings acknowledged and validated. Possibly the most important thing you can do is to provide that validation through your loving ability to listen.*

Is there anything I should avoid doing?

This is what residents and staff say:

1. Don't overwhelm a tired person with an endless stream of chatter. Be sensitive to your friend's need, and ask if you feel he or she may be overtired.
2. Don't physically move a resident in a bed or a chair. Ask a nurse or aide.
3. Don't move a resident in a wheelchair, without permission to do so.
4. Avoid negative remarks about the person's appearance or functional ability. Stay positive. Acknowledge frustration, but don't support more of it by making negative comments.
5. One resident suggests: "Don't evaluate me, positive or negative. I'm perfectly aware of how I'm doing and when I feel and look like a wreck, it doesn't help when others tell me I look lovely."
6. Don't feed residents without specific permission from staff. Some residents have difficulty swallowing.

A FRIENDLY CONCEPT

By Nancy Rowe

What is a friend but a hand laden with love,
A heart which feels your longings, pain and
joy;
Who faithfully accompanies you
Through nights of deepest darkness,
Who enjoys your joy as you are basking
In a spot of warming sunlight.

" THE PLAYS THE THING --"

By Margaret Proctor

Dramatis Personae

She - Margaret Proctor

He - Colin MacLachlan

Stage Manager - Himself

Scene I

(Coffee shop Broadmead- coffee grinder full blast in background)

She Years ago my husband and I were a part of a play -reading group. We met monthly and it was great fun.

He How did it work? Where did it meet? Who did what?

She We gathered at each other's homes. The host or hostess had already selected and cast the play. We did a complete play each evening.

He That will take some time. Remember you were younger then. We could do 1 one-act play in an evening. Let's try to set it up. I'll help.

Scene II

(He is discovered at his desk reading as he writes.)

He Inasmuch as we will need a room, better write a proposal to BRA requesting space and permission.

She (Sarcastically) How could they possibly turn us down? We're not asking for money!

Scene III

(Having been given the OK, the group assembled in the lounge.)

He Welcome! Oh Pioneers! Now that BRA and the board and other important persons have given us the big OK, let me explain some basic rules. We will meet at 7:00 on the first Wednesday of each month. The cast will read their parts and the audience will applaud loudly and at length.

She We hope all of you will not be shy and will sign up to join in this group (passes around sign-up sheet). Let me introduce our extremely competent recording, executive, all purpose secretary, Lynn Buck, who will handle all the tiresome details with her usual skill and good humor (applause).

He (earnestly) Please volunteer to undertake a play reading production or a part when asked.

She Remember we are here to help you (nervous giggles in the audience).

Curtain

Applause and 4 curtain calls, flowers for the stars

Epilogue (stage manager)

Since the project began in January, 2004, we have discovered many enthusiastic and talented readers, some of whom had never trod the boards before. We have unearthed many one act plays, but best of all, we have discovered each other. We are experiencing the joy and pleasure of seeing our everyday pals emerge as Broadway stars, producers and stage managers. Most importantly, we have learned the art of listening. We urge all of you to join in with the group in any capacity. We need you!!

"Everyday, in every play, we are getting better and better! " *

* Free season pass to the person who identifies this para-phrase.

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The Mystery

By Ruth S. Williams

You do not see them on the path.
You cannot find them in the grass.
They never go to OPD
Or to the Coffee Shop for tea.

They will not join the dogs at play
Or swim in the stream on a sunny day.
Who are these creatures behind
closed doors,
Crouching there on all fours?

They are that most magnificent breed,
The Invisible Cats of Broadmead.
With names like Tiger, Toto, and Muffy,
Honey Bun, Hero, Angel, and Fluffy.

Siamese, Persian, Maine Coon, or Tabby,
Sleek and handsome, or just plain flabby
They lie in the sun to take a long nap
And love to sit upon your warm lap.

Keep your Pit Bull or Chesapeake Bay.
I'll take a house cat any day,
One of that most magnificent breed,
The Invisible Cats of Broadmead.

OPEN FORUM **BALTIMORE BELIEVE IT OR NOT**

By John Michener

Ralph Moore, Director of the Community Center, St. Francis Academy, presented an activist's view of the problems facing Baltimore City.

Mayor O'Malley's "Baltimore Believe" campaign assumes sloganeering can solve Baltimore's problems. But "Believe It" ignores that Baltimore is two different cities - one prosperous, clean, and looking forward, the other poor, struggling, and worsening. "Believe It" neither provides critical thinking nor leads to the big changes necessary to address the structural causes of the city's vicious cycle of poverty-producing conditions and resulting effects. Overcoming this cycle is very difficult. A fifth of city residents, and one-third of its children, live below the poverty line. One cause is bad education - almost three-fourth of students in neighborhood high schools drop out before graduating while over a third of the city's adult residents cannot read beyond the 5th grade level. There are few entry jobs in the region, and a third of those do not have adequate public transportation. Affordable sound housing in decent neighborhoods is lacking. These are some of the structural causes for Baltimore's cycle of poverty.

The business community put up a million dollar challenge grant to keep elephants in the Baltimore zoo. The challenge was quickly surpassed. By contrast, the business community has not intervened to help alleviate the imploding school system or help the public housing families seeking housing in better neighborhoods. These families have still not received the better housing the federal courts ordered nine years ago.

Baltimore needs more than "Believe It." Change does not come unless you push for it. Do those things you can do personally, such as paying more than the minimum wage. Individual efforts add up. Talk about the causes of poverty and join advocacy groups seeking change in education, better public transportation, and decent wages and housing. Contact your local officials and demand their action in these areas.

In the final, analysis sharing is what it's all about. Sharing helps others while bringing more meaning into our own lives. Yes, believe, but also serve. Have faith, but also have time for others. Act, and act now. Before the activism of 40 years ago, today's vast change in racial attitudes could not have been anticipated. Change can come much quicker than appears possible.

OPEN FORUM **BALTIMORE'S ECONOMICS**

By John Michener

David Gillece, Chairman of the Greater Baltimore Economic Alliance, a public/private sector group promoting the area's economic development, spoke on the economic forces driving this region's future.

Baltimore has a competitive advantage in life sciences, financial services, and information technology/homeland defense, aspects of the knowledge worker economy which now is the basis for regional economic success.

With Hopkins receiving more life sciences research money than any other institution, The University of Maryland's research programs growing exponentially, independent bio technology parks, and NIH and FDA nearby, basic life science discoveries occurring in this region are the equals of anywhere else globally.

As a result of 9/11, the SEC is about to require financial service operations in New York City to have redundant operations located at least 100 miles away. Baltimore, the nearest major city meeting this requirement, is a natural for relocating services.

Our area spawns information technology/homeland security activities. Expansions at NSA in Fort Meade, along with spin-off jobs, will create 20,000-30,000 new jobs. An anti-terrorism college is being established in Aberdeen for State Department and national security officials.

The 20 hottest job markets, which include Baltimore, get their strength from attracting knowledgeable workers, creative persons who work with ideas. These creative workers, a significant portion gay or lesbian, are responsible for almost all of the growth in America's economy over the last two decades. They only accept areas that are good places to live, that have strong local universities, that readily embrace immigrants, and have sophisticated cultural amenities. Ethnic and cultural diversity have also become a prerequisite for a world-class economic vitality.

People who are strongly creative and individualistic tend to cluster together. An arts district is forming in the Penn Station area. Finally, the creative class wants to live in authentic areas, such as Fells Point, Canton, Locust Point, and Mt. Vernon, rather than in some homogeneous place that could be anywhere.

The Baltimore area's growing economic success creates a problem. A sizeable number of people are left out and become an underclass, an issue that society must address. The creation of additional service-level jobs will help. As Baltimore competes in the 21st century there is a chance to grow for all.

OPEN FORUM

CONTINUITY AND CHANGE IN THE FORMER SOVIET UNION

By Gretel D. Weiss

Dr. Harry Piotrowski, Professor Emeritus at Towson University, spoke on "Continuity and Change in the Former Soviet Union" at the April 8 Open Forum. Dr. Piotrowski pointed out that one did not have to know Marxism but Russian history to understand the Stalin regime because it continued the strong man tradition, which had existed in Russia. Stalin was popular with the people until the atrocities came to light. In 1985 Gorbachev became the leader of the Communist party. He said that the Soviet Union needed transformation and an open discussion of its shortcomings. Gorbachev wanted the Swedish model, a mixture of capitalism and socialism. He wanted to get out of Afghanistan and East Germany, but he met resistance from the KGB and party members. The opposition on the left was led by Yeltsin, while Gorbachev, who was in the middle, sought support from the right. In 1991 Yeltsin took over as a champion of "real" democracy. He insisted that there must be capitalism, as had Gorbachev. No one in the United States questioned Yeltsin, and his flaws were ignored. In 1993 Yeltsin dismantled democracy, brought in the KGB while East Germany was still controlled by Russia. He handed the economy over to a handful of people who became "robber barons." This resulted in the biggest depression in modern history. Half to two-thirds of the people lived in poverty, medical care collapsed, and life expectancy declined. When Putin came into power he was supported by the people, but then an anti-Putin movement developed. The populace resented the great deal of wealth which is concentrated. Putin shut down all demonstrations, the newspapers and TV are controlled, and Parliament does not challenge Putin. Thirty-three thousand Russians are seeking political asylum abroad, many highly skilled. Dr. Piotrowski concluded that there is a tendency in Russia to support a strong man and that it is not easy to establish democracy.

LYME DISEASE

By Ted Wilson

Maryland is in an area where Lyme disease occurs. We have deer and field mice, which are involved in the spread of the illness. The deer tick carries the *Borrelia* bacterium which gains entry into our bodies when we are bitten by an infected tick. Only 15.3 % of ticks are infected in our area, but we are well advised to protect ourselves if we wander into tall grass and shrubs in our wetlands and wooded areas. Wearing long sleeves and pants tucked into our socks or boots, plus the use of DEET insect repellent, and the avoidance of areas where ticks prefer to live are advised. We are unlikely to be bitten by ticks if we stay on our wide trails, but even so it is a good idea to inspect ourselves carefully after an outing in order to remove any ticks. The problem is that in the spring and early summer, the ticks are in their nymph stage and are tiny. Later they can be the size of an apple seed.

If a tick is found, remove it with tweezers by grasping its head as close to the skin as possible, trying not to squeeze the body, especially when it is engorged with blood. Apparently it takes over 24 to 36 hours after the tick attaches itself before it transmits the bacterium. Save the tick for identification.

Since the nymph tick is so small, it may not be seen and the first evidence of infection might be a red spot with a white center with or without flu-like symptoms at the wrong time of the year for the flu to be common. If there is a question, seek medical attention. Antibiotic treatment early is quite effective. Left undiagnosed and untreated, Lyme disease can produce serious arthritic symptoms, cardiac arrhythmics, and nerve and cerebral damage.

MACULAR MAYHEM

By Carol Guzzy-Washington Post

I feel my life is all a blur
I cannot tell a him from her.
I once approached a garbage pail
And thought it an attractive male.
And since I am a friendly soul
I wave and smile at every pole.
And this is just the normal state
Of a macular degenerate.

BANKING ON MERCANTILE

Story and Photo by Jane Earhart

Pennies from Heaven! Where could we deposit them? Would our new branch of Mercantile accept them? Mercantile wants to provide us excellent service, but, sorry, no pennies from Heaven. However, some of many services available are checking, savings, money market accounts and safe deposit box rentals. Days and hours are Monday-Friday -- 9:30 a.m.-12:30 p.m.

Robbin Annacost, our teller, is assigned to Broadmead from Mercantile's Sparks location. Robbin, eight years with the Sparks facility, reports early every morning to the bank and returns there after lunch to assume her on-going position as head teller/jack-of-all trades. A resident of Carroll County, her most important activity at this time is keeping up with her very active four-year-old son. Although this has her on the go-go-go, she finds her time well spent and very rewarding.

For this interview, Anne Marie Holt, a Mercantile VP, sat in with Robbin. Anne was hired as a teller at the Spark's bank 25 years ago, and now is the full-time manager of the branch. Anne mentioned that in addition to the Broadmead retirement community, Mercantile has set up a branch at Oak Crest Village and soon will have a similar branch at Charlestown. Both ladies expressed their enthusiasm and pleasure for the opportunity to serve us. Do drop in and visit, and of course, open an account.

A brief history of the Mercantile Safe Deposit and Trust Company

From a Mercantile publication --Traditions for the Future

In 1864, several well-known Baltimore entrepreneurs, among them Johns Hopkins, Enoch Pratt, William Walters and A.S. Abell, established the Safe Deposit Company to be known by 1884 as the Mercantile Safe Deposit & Trust Company. The first board of directors adopted the Latin motto "Cavendo tutus" (or loosely, "Safety through Caution"). During this period in Baltimore, the first electric light appeared in the city (1882), as did Enoch Pratt's new public library (1886) and Johns Hopkins' hospital (1889). The horrific Baltimore



fire of 1904 (100th anniversary in February 2004) destroyed many blocks of the city, but the Mercantile Safe Deposit and Trust Company survived. The building remains intact today but no longer serves as a bank.

Today's Mercantile has progressed many frog leaps beyond those early years and holds a reputation par excellence in the banking world. Your wish is their command, except... no deposit of those pennies from Heaven.

INNER STRENGTH

Submitted by Ann Michener

If you can start the day without caffeine,
If you can get going without pep pills,
If you can always be cheerful. ignoring aches and pains,
If you can resist complaining and boring people with your troubles,
If you can eat the same food every day and be grateful for it,
If you can understand when your loved ones are too busy to give you any time,
If you can overlook it when those you love take it out on you when through no fault of yours, something goes wrong,
If you can take criticism and blame without resentment,
If you can ignore a friend's limited education and never correct him,
If you can resist treating a rich friend better than a poor friend,
If you can face the world without lies and deceit,
If you can conquer tension without medical help,
If you can relax without liquor,
If you can sleep without the aid of drugs,
...Then You Are Probably The Family Dog!

The Creation of Pets

It is reported that the following addition to the Book of Genesis was discovered in the Dead Sea Scrolls. If authentic, it would shed light on the question, "Where did pets come from?"

And Adam said, "Lord, When I was in the Garden, you walked with me every day. Now I do not see you any more. I am lonesome here and it is difficult for me to remember how much you love me."

And God said, "No problem! I will create a companion for you that will be with you forever and who will be a reflection of my love for you, so that you will know I love you, even when you cannot see me. Regardless of how selfish and childish and unlovable you may be, this new companion will accept you as you are and will love you as I do, in spite of yourself."

And God created a new animal to be a companion for Adam.

And it was a good animal.

And God was pleased.

And the new animal was pleased to be with Adam and he wagged his tail.

And Adam said, "But Lord, I have already named all the animals in the Kingdom and all the good names are taken and I cannot think of a name for this new animal."

And God said, "No problem! Because I have created this new animal to be a reflection of my love for you, his name will be a reflection of my own name, and you will call him DOG."

And Dog lived with Adam and was a companion to him and Eve and loved them.

And Adam was comforted.

And God was pleased.

And Dog was content and wagged his tail.

After a while, it came to pass that Adam's guardian angel came to the Lord and said, "Lord, Adam has become filled with pride. He struts and preens like a peacock and believes he is worthy of adoration. Dog has indeed taught him that he is loved, but no one has taught him humility."

And the Lord said, "No problem! I will create for him a companion who will be with him forever and who will see him as he is. The companion will remind him of his limitations, so he will know

he is not worthy of adoration."

And God created CAT to be a companion for Adam.

And CAT would not obey Adam.

And when Adam gazed into Cat's eyes, he was reminded that he was not the supreme being.

And Adam learned humility.

And God was pleased.

And Adam was greatly improved.

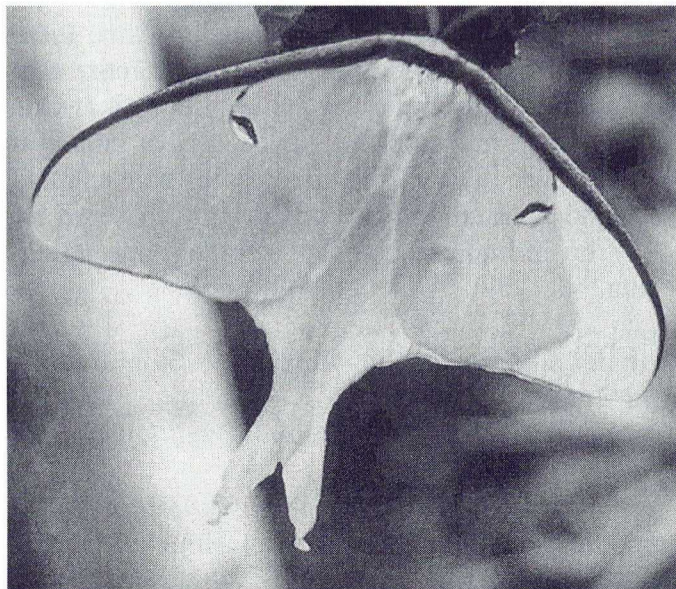
And CAT did not care one way or the other.

This doggerel was suggested by Dick Doss

THE BLUE MAIL BOX

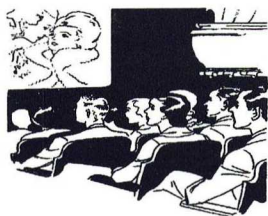
By Margaret DuVivier

I saw beauty, soft and frail
Clinging to our box for mail
A Luna moth six inches wide
Looking for a place to hide.
Lean yet strong, though newly born,
Its life is short and then it's gone.



This nocturnal beauty has a wingspan from two to six inches. The short-lived adults emerge from their cocoons after a long winter to mate and lay eggs, and perish within three weeks. They lack hearing organs and have only vestigial mouth parts as they do not feed. Because of pesticides and pollution the Luna moth is now thought endangered.

BROADMEAD MOVIES



Tuesday Movies by
Thelma Becherer
& George Brownell
Saturday Movies by
Jeanne Stephenson
& Betsy Douglas

May 1 RETURN OF THE PINK PANTHER
1974 UK 3½ stars 115 minutes *G
Peter Sellers, Christopher Plummer The relentless Inspector Clouseau is again on the trail of the stolen Pink Panther diamond.

May 4 RADIO
2003 3½ stars 109 minutes *PG
Coach Jones and Radio begins a friendship that transforms the attitudes of a small town in South Carolina. Cuba Gooding Jr., Ed Harris, Epatha Merkeron.

May 11 RUNAWAY JURY
2003 3½ stars 127 minutes *PG 13
Gene Hackman, Dustin Hoffman, John Cusack, star in this court room drama based on the John Grisham book, about a case against a gun manufacturer.

May 15 THE BODY IN THE LIBRARY
1988 UK 2 stars 155 minutes *NR
Joan Hickson A corpse is found one morning in the home of Colonel Bantry and his wife. Agatha Christie's beloved heroine, Miss Marple, must find the murderer.

May 18 THE RECRUIT
2003 3½ stars 115 minutes *PG13
Colin Farrell and Al Pacino star in this suspenseful action story about a new CIA recruit who rises through the ranks and proves nothing is what it seems.

May 25 THE FOG OF WAR
2003 4½ stars 105 minutes PG 13
Errol Morris directed this documentary portrait of Robert McNamara, the former Secretary of Defense. Based on interviews with the 85 year old McNamara in 2001.

May 29 TOPKAPI
1964 4 stars 122 minutes *NR
Peter Ustinov, Molina Mercouri A bumbling group of robbers hatch a plot to steal an emerald-covered dagger from Turkey's Topkapi Museum.

MUSIC EVENTS

By Phil Schnering

Thursday, May 13th at 7:00 pm

LET'S SING

With Herb Merrick at the piano

All Welcome

In the Auditorium

OPERA VIDEO

By Harry Blumenthal

Friday, May 14th in the auditorium, 7 pm

"PORGY and BESS"

By George Gershwin

An American folk opera about life on Catfish Row, Charleston, S.C.

Video production is based on Glyndebourne's performance of this opera. With the London Philharmonic Orchestra.

[184 minutes]

LET'S DANCE

By Walter Lane

With the George Hipp Trio

Everyone welcome to dance or just to enjoy the music.

Monday May 10th at 7:00 pm
In the Lounge



Y'all
come!

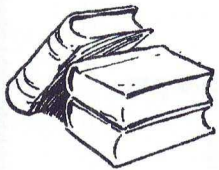
SQUARE DANCE

By Bob Hermann

Friday, May 21st

In the Lounge, 7 pm to 9 pm
Gene Fitta, Professional Caller

BOOK DISCUSSION GROUP



By Nancy Starnes

**Monday, May, 3rd at 11:00 am
In the Auditorium**

Leap of Faith -- Memoirs of an Unexpected Life

By Queen Noor

The discussion will be led by
The Reverend Dr. George Gray Toole
Retired Pastor of the Towson Presbyterian Church

All Welcome

OPEN FORUM PROGRAM

Thursdays at 10:30 am, in the Auditorium

By Sonia Blumenthal

May 6th

“FARM WORKERS- AN IMPORTANT LINK IN MARYLAND’S FOOD CHAIN”

Lawrence Worthington,
Executive Director, Governor’s Commission on
Migratory and Seasonal Farm Labor

May 20th

“THE CONTINUING VITAL ROLE OF THE CIVIL RIGHTS COMMISSION”

Edward Darden
Civil Rights Analyst, Eastern Region,
U.S. Civil Rights Commission

WEDNESDAY WORSHIP AT BROADMEAD

By Bill Banks

**1st Wednesday Every Month at 10:30 am
EPISCOPAL COMMUNION**

Taylor East Lounge – 3rd Floor
Sponsored by Sherwood Episcopal
Church – York Road, Cockeysville

**2nd Wednesday Every Month at 10:30 am
CATHOLIC MASS**

Taylor East Lounge – 3rd Floor
Sponsored by the Catholic Community of
St. Francis Xavier, Cuba Road, Hunt Valley

**3rd Wednesday Every Month at 10:30 am
PRESBYTERIAN COMMUNION**

Stony Run Activities Room – 3rd Floor
Sponsored by Ashland Presbyterian Church,
Ashland Avenue, Cockeysville

BIBLE STUDY

**Tuesday, May 11th at 10:30 am
In the Fireplace room**

**Led by
The Reverend Beverly Braine**
Rector, Immanuel Episcopal Church

ALL WELCOME

VESPERS

By Elsa Lundgren

The Reverend Jacqueline McClellan
St. Matthew’s United Methodist Church
East Baltimore

Sunday, May 16th 4:30 – 5:00 pm
Lounge and Auditorium

SATURDAY PROGRAMS

In the Auditorium at 7:15 pm

By Margaret Proctor

May 8th

**"Tracing his roots
from the Huguenots to Broadmead"**

Bob Davies

Takes us on a genealogical trip down the
Years via a power point presentation.
Learn how he did it and what he found out.

May 22

"History Alive"

Mary Ann Jung,

Historian, actress and teacher, will introduce
you to Margaret Brent of Maryland..
outstanding colonist activist and leader in Md.
during the 17th century

SPYGLASS LOW VISION SUPPORT GROUP

By Bonna Nelson

Presents

**"GUIDING EYES FOR THE
BLIND"**

**Featuring: Puppies, Dogs,
Trainers, and Owners**

**Tuesday May 18th 10:30 am to noon
in the Auditorium**

"The Busiest Place At Broadmead"

By Paul Moore

That is what the Wood Shop was called in a feature story in the *Voice* back in May of 1980. George Conner was the shop coordinator then and he told Margaret Bouchelle, a *Voice* feature writer, that the original plan was to keep the shop open two hours a day. "But," Margaret quoted him as saying, "there is so much work to do and so many interested visitors that we are open from 9 to 5, five days a week."

Eventually, the Wood Shop got back to a less daunting schedule that same year: 9 until noon. Those details are included in one of the articles in the Activities section of the Broadmead history book, now being completed in preparation for the celebration later this year of the 25th anniversary of Broadmead's opening. The story goes on to describe how the residents who initially used the Wood Shop planned to do so mainly to construct items for their own apartments. But it wasn't long before they found themselves handling assignments for administration as well as for other residents. This led to the realization that such work could serve as a source of BRA revenue. Thereafter, those who wanted work done at the shop were asked to pay for the materials, plus a small fee for the work itself.

Activities is one of 10 sections included in the history book. Other sections deal with the early history of Broadmead, the work of the BRA, the launching of the *Voice of the Residents*, a selection of staff, board and resident profiles, reminiscences of Broadmead's "Mudders," and interviews with a number of Broadmead's care-providers. Quaker facilities that preceded Broadmead are also described as are the early staff activities at Stony Run Friends Meetinghouse. The book is a project of the Marketing office in collaboration with the History Committee. Production of the book, "Broadmead Through The Years," is being supported by donations from a number of organizations. Anyone interested in making a contribution to the book should contact Brenda Becker at (410) 785-7723. Copies are expected to go on sale in September.



Photos by Bob Davies

Not many Residents of Broadmead have seen this portion of the Ridge Trail. Nevertheless, this is an important part of life for a number of our hearty hikers; so important that a Resident, with support of the Administration, sponsored a major repair of our extensive nature trails. Our friend, Bucky, agrees that this is good for him, too.



Broadmead

13801 York Road
Cockeysville, Maryland 21030

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